



## Decluttering Your Home: The Fast Way to Get Rid of Clutter and Organize Your Life: Declutter and Simplify

By Priscilla Pritchard

Createspace, United States, 2012. Paperback. Book Condition: New. 224 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Does your home look like it should be on the next episode of Hoarders? Even if things haven't gone this far, this book will help you have a neat clean home that you will be proud to entertain guests in. First, we'll talk about the causes of clutter. You might be someone who worries about not having enough, or someone who has a sentimental attachment to their things. There are other reasons as well and we'll spend some time helping you figure out why your home has become cluttered. One thing to keep in mind is that you are not your stuff and that you shouldn't be defined by your things. We'll spend some time talking about how placing limits on how many things you have in your home can lead to less stress. Once you understand the reasons why your home has become cluttered, we'll help you find the motivation to get started clearing the clutter. You may feel some anxiety and guilt at this stage, but we'll get you...

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