



The Minimalist Budget: A Practical Guide on How to Save Money, Spend Less and Live More with a Minimalist Lifestyle (Paperback)

By Simeon Lindstrom

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.What s the first thing you think of when you hear the word budget ? It s a meager little word, one that all too often comes after tight . Maybe you think of this word as an adjective, something to describe a cheap and substandard car or hotel. Budget brings to mind rationing. a kind of money diet. If you re like many people, budgeting is something you do with a kind of deflated spirit: budgeting means bargain bin quality and the sad sense that what you want is going to be just out of reach. This book will try a different approach to budgeting altogether. It s a pity that the idea of living within one s means should be experienced as such a deficit - this book will try to show that when you apply the principles of minimalism to budgeting, you are neither in a state of self-denial or trying to survive a financial scrape. In fact, a minimalist budget is a particular approach to abundance and fulfillment that may seem counter-intuitive to most. This book...

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